Istanbul

Culinary Walk Through Chalcedon of Asia – Authentic Flavours Beyond the Bosphorus



Tour code: IB-TR-02412

Duration: 1 day

From €89.00 / person

Starting point: Istanbul

Overview

Discover the authentic flavours of Istanbul’s Asian side on a delicious culinary walk through Kadıköy. Explore vibrant food markets, historic confectionery shops, traditional restaurants, and charming local cafés. Savour regional Anatolian cuisine, homemade pickles, Turkish coffee, traditional meatballs, stuffed mussels, and freshly baked pide. Complete your gastronomic adventure with a delightful dessert at the legendary Baylan Pastanesi.

Your itinerary

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Cross over to Istanbul's Asian side and discover the authentic neighbourhood food culture of Kadıköy, one of the city's most exciting gastronomic districts. Away from the familiar landmarks of the Historic Peninsula, this lively neighbourhood reveals another side of Istanbul through its traditional confectioners, bustling food markets, family-run restaurants, speciality shops and historic cafés. From Turkish sweets and homemade pickles to regional dishes, stuffed mussels, freshly baked pide and legendary desserts, this culinary walk is an invitation to experience Istanbul like a local.

Begin your food adventure at Şekerci Cafer Erol, one of Istanbul's renowned traditional confectionery establishments, where you will sample a selection of Turkish sweets and discover the artistry behind the city's colourful confectionery traditions.
Continue to Çiya Sofrası, celebrated for its rich variety of regional Anatolian cuisine. Here, each guest can choose one main course from a selection of meat, chicken, fish or vegetarian dishes, offering an opportunity to explore flavours and recipes from different parts of Turkey.

Next, visit Petek Turşuları, a traditional pickle shop where you will sample turşu suyu, the distinctive and refreshing juice of Turkish pickled vegetables. Afterwards, take a break at Fazıl Bey'in Türk Kahvesi and enjoy a freshly prepared cup of authentic Turkish coffee, an essential part of everyday social life in Istanbul.

Your culinary exploration continues at Yanyalı Fehmi Lokantası, where you will taste Yanya köftesi, a traditional meatball speciality associated with the restaurant's culinary heritage. Then head to Kadıköy Midyecisi to sample stuffed mussels, a popular street-food delicacy enjoyed throughout Istanbul. At Pidesun, savour a portion of mixed Turkish pide, freshly prepared in the traditional oven.

Finish your journey at the historic Baylan Pastanesi, one of Istanbul's best-known patisseries, where each guest will enjoy an individual portion of one of its famous desserts. It is a fittingly sweet ending to a culinary journey through the vibrant streets of Kadıköy.

Good to know

Experience Istanbul like a local through authentic food tastings and centuries-old culinary traditions. Comfortable walking shoes are recommended. Please inform us in advance of any food allergies or dietary requirements.

Plan your journey

Contact our team for dates, availability and a personalised quote.

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